

Healthy, Interesting and Affordable Lunch Packs, Delivered to School

ALBANY RISE - Term 2 - Monday, Wednesday, Thursday and Friday!

Order until 8:30am on the day!

2 Course Lunch Pack from \$6.45

Choose a Main Course item, then select 1 or 2 Items from the Snack/Drink Menu to make up a 2 or 3 Course Lunch Pack

Main Course Menu	2 Course	3 Course	Snack/Drink Menu	
BAKERY All items freshly baked this morning!	Lunch	Lunch	FRESH FRUIT & VEGETABLES	
Cheese and Vegemite Scroll (v)	\$6.45	\$8.95	Apple pieces, Lemon juice, Cinnamon & Brown Sugar	r +\$1.00
Savoury Bite 'Little Frank' Roll	\$6.45	\$8.95	Cantaloupe and Honeydew Pieces	+\$1.00
Topped with Only Cheese Roll (v)	\$6.45	\$8.95	Fresh Fruit Combo	+\$1.00
Cheese and Bacon Roll	\$7.45	\$9.95	Freshly Chopped Orange Segments	Included
Scroll with Ham and Cheese	\$9.95	\$12.85	Freshly Chopped Strawberries with Grapes	Included
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$10.95	\$13.65	Freshly Chopped Watermelon Pieces	Included
			Whole Fruit - Apple	Included
PIZZA, SAUSAGE ROLLS, GOZ & PASTIZZI SERVED AT ROOM TEMP!			Whole Fruit - Banana	Included
Ricotta & Spinach Pastizzi (2) (V)	\$7.45	\$9.95	Whole Fruit - Mandarin	Included
Margherita Pita Pizza (v)	\$8.95	\$11.45	Carrot, Cucumber, Red & Yellow Capsicum	Included
Sausage Roll with Sauce	\$8.95	\$11.45	Celery and Carrot Sticks with Sultanas	Included
Ham & Pineapple Pizza Slice	\$10.95	\$13.65	Cherry Tomatoes, Tasty Cheese & Rice Crackers	Included
BBQ Chicken Pizza (H)	\$10.95	\$13.65	Corn Wheels & Lightly Steamed Broccoli	Included
Vegetarian Pizza (v)	\$10.95	\$13.65	Edamame (Lightly Salted)	Included
Lamb and Beef Gozleme (H)	\$13.45	\$15.45	Sugar Snap Peas, Beans and Cherry Tomatoes	+\$1.00
Mushroom and Spinach Gozleme (Vg)	\$13.45	\$15.45		
Spinach and Cheese Gozleme (v)	\$13.45	\$15.45	BAKERY - SWEET	
·			Choc Chip Cookie	Included
SUSHI HAND ROLLS (2pc) Soy Sauce (GF) Provided			Finger Bun with Sprinkles	Included
Teriyaki Chicken Hand Rolls (H)	\$11.50	\$13.75	Lamington	Included
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$11.50	\$13.75	"Not Cross" Bun	Included
Cooked Tuna Hand Rolls (GF)	\$11.50	\$13.75	Cinnamon Doughnut	Included
Avocado Hand Rolls (GF, Va)	\$11.50	\$13.75	Cornflake Cookie	Included
Cucumber Hand Rolls (GF, Vg)	\$11.50	\$13.75	Choc Cup Cake (GF/DF)	+\$1.00
Vegetarian Hand Rolls (GF, Vg)	\$11.50	\$13.75	Blueberry Muffin	+\$1.00
Tofu Hand Rolls (GF, V)	\$11.50	\$13.75 \$13.75	Jam Drop Biscuit (GF)	+\$1.00
	ψ11.50	Ψ13.73	Banana Slice (GF)	+\$1.00
RICE PAPER ROLLS (2pc) (Wed, Thu, Fri)			Banana Siice (Gr)	+\$1.00
Chicken Rice Paper Rolls (GE, H)	\$13.45	\$15.45	SUSHI	
Vegetarian Rice Paper Rolls (GF, Vg)	\$13.45	\$15.45 \$15.45	1pc Tuna Sushi (GF)	+\$1.00
vegetalialititice i aperitolis (Gr., vg)	Ψ15.45	ψ10.40		+\$1.00
SANDWICHES / ROLLS / WRAPS / SOFT SHELL T.	ACOS		POPCORN	
Strawberry Jam Sandwich (1.5) (Vg)	\$7.45	\$9.95	Slightly Sweet, Lightly Salted	Included
Vegemite Sandwich (2) (Va)	\$8.95	\$11.45	Lightly Salted	Included
Soft Shell Chicken Taco w Salsa, Cheese & Salad (2)	\$9.95	\$12.85	Lightly dated	iriciaaca
Plain Cheese Sandwich (2) (//	\$9.95	\$12.85	DRIED FRUIT / LEGUMES	
Cheese and Salad Roll (V)	\$10.95	\$13.65	Lime & Black Pepper Chickpeas	Included
Wholegrain Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65	Roasted Chickpeas	Included
Roast Chicken and Salad Roll (H)	\$11.50	\$13.75	Balsamic & Sea Salt Fava Beans	Included
Roast Beef, Chutney, Cheese & Lettuce Roll	\$11.50	\$13.75	Dried Fruit Medley with Yoghurt Sultanas	+\$1.00
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$11.50	\$13.75	Blica trait realey with roghart outlands	'ψ1.00
Mild Salami and Salad Roll	\$11.50 \$11.50	\$13.75 \$13.75	DIPS WITH MINI RICE CAKES / CORN CHIPS	e
Wrap w/Chicken, Tzatziki, Lettuce, Tomato Cucumber (H)	\$11.30 \$12.75	\$13.73 \$14.95	Tzatziki Dip with Mini Rice Cakes	
Wrap W/ Chickeri, Izatziki, Lettace, Tomato Cacambei (H)	Φ12./3	Φ14.73	Spring Onion Dip with Mini Rice Cakes	+\$1.00 +\$1.00
SALADS / PICNIC BOXES / FRUIT & VEG			Spirity Chieff Dip with Mini Rice Cakes Spicy Capsicum Dip with Mini Rice Cakes	+\$1.00
Fresh Fruit Salad - Main Course Size (GF, Va)	\$11.50	\$13.75	Avocado Dip with Mini Rice Cakes	+\$1.00
	\$11.50 \$11.50	\$13.75 \$13.75	Corn Chips with Salsa (GF)	
Vegetarian Picnic Box (GF, V)			Com Chips with Salsa (GF)	+\$1.00
Ham Picnic Box (GF)	\$11.50	\$13.75	VOCUUDTS / DOWLS	
Greek Style Salad with Feta and Olives (GF, V)	\$12.75	\$14.95	YOGHURTS / BOWLS	
Tortellini Pasta Salad (v)	\$12.75	\$14.95	Strawberry Yoghurt (Dairy Farmers)	+\$1.00
OF CAMPAGE CONTACT			Classic Vanilla Yoghurt (Dairy Farmers)	+\$1.00
GF SANDWICHES & WRAPS	A40 ==	417 (5	Chia Bowl with Banana, Coconut & Strawberries	+\$1.00
GF Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65	Stewed Rhubarb and Apple with Custard	+\$1.00
GF Cucumber & Ham Sandwich (1.5)	\$10.95	\$13.65		精彩 🐨
GF Wrap - Ham and Salad	\$12.75	\$14.95	DRINKS	different
			Apple Juice (Nippy's) Included	1
			Orange Juice (Nippy's) Included	
			Chocolate Milk (Nippy's) Included	- 1 1 Table 10

GF = Gluten Free, DF= Dairy Free, H= Halal, V= Vegetarian, Vg= Vegan

Chocolate Milk (Nippy's)

Strawberry Milk (Nippy's)

Full Cream Milk

Included

Included

Included

ORDER NOW